



WORLD
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PRODUCT CATALOGUE NO.34 2021



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UTIQUE



In the world of luxury

Take a trip to the incredible land of UTIQUE, which offers rich compositions, precious oils and the best recipes. It is where class, sophistication and finesse meet together becoming a sensual sensation. Ideally composed fragrances reflect the beauty, harmony and energy of life. The exclusive range, which is an unforgettable fusion of subtlety and intensity of action. Let yourself be enchanted by the magic of the UTIQUE world.

COMING
SOON

AMBERGRIS Perfume

Type:

- deep, mysterious, absolute

Fragrance notes:

- Head: bergamot, red peppercorn, cumin seeds, cardamom
- Heart: wild jasmine, lily of the valley, ylang-ylang
- Base: ambergris, tonka bean, labdanum, leather, oakmoss, patchouli, musk

100 ml | Fragrance: 20%
UTIQUE 100 | **502048** |

15 ml | Fragrance: 20%
UTIQUE 15 | **502048.02** |



SEA ACCORDS SPICED WITH A PINCH OF SPICINESS

Drifting on rough ocean waves ambergris captured in the stunning perfume Ambergris, delights with sea accords spiced with a pinch of spiciness. It is like a secret cruise at sunset, which does not end with the arrival of dawn. This is a mysterious story about the unprecedented power of attraction.

FLAMINGO Perfume

Type:

- charming, seductive like a forbidden fruit

Fragrance notes:

- Head: Rosa Mosqueta, blackberry sorbet, green notes
- Heart: Damask Rose, jasmine, apricot
- Base: woody notes, crystal rose chord, musk

100 ml | Fragrance: 20%
UTIQUE 100 | **502007** |

15 ml | Fragrance: 20%
UTIQUE 15 | **502007.02** |



BUBBLE Perfume

Type:

- enchanting, delightful

Fragrance notes:

- Head: bergamot, cardamom, lime
- Heart: lily of the valley, jasmine, mint
- Base: guaiac wood, musk, cedarwood

100 ml | Fragrance: 20%
UTIQUE 100 | **502009** |

15 ml | Fragrance: 20%
UTIQUE 15 | **502009.02** |



THE FRAGRANCE OF UNDISCOVERED PARADISE

Flamingo is the fragrance of undiscovered paradise. The essence of innocence and class. It is like a wonderful, colourful story. An unforgettable adventure to dive in with all your senses. Mysterious and undeniably glamorous.

THE MOST BEAUTIFUL SUMMER MEMORIES

The breath of elegance and unique freshness locked in a bottle of Bubble perfume brings to mind the most beautiful summer memories. Just close your eyes and spray the fragrance for the incredibly refreshing aura. It will be like with the touch of a magic wand and you will be taken to the times of a carefree life.

MUFFIN Perfume

- Type:**
- intriguing, noble, unforgettable
- Fragrance notes:**
- Head: lemon, rose, saffron
 - Heart: woody notes, peony, amyris, leather notes
 - Base: amber, oud, vanilla

100 ml | Fragrance: 20%
UTIQUE 100 | **502006** |

15 ml | Fragrance: 20%
UTIQUE 15 | **502006.02** |



SEXY CASHMERE Perfume

- Type:**
- uninhibited, ambiguous, triggering desires
- Fragrance notes:**
- Head: plum
 - Heart: iris, violet, ylang-ylang, cedarwood, patchouli
 - Base: sandalwood, benzoin, vanilla, musk

100 ml | Fragrance: 20%
UTIQUE 100 | **502034** |

15 ml | Fragrance: 20%
UTIQUE 15 | **502034.02** |



**A TEMPTATION YOU
CANNOT RESIST**

Muffin is a temptation you cannot resist. Sweetness and sophistication in one. A marriage of extraordinary wealth and taste. Indulge yourself in the colourful world of those intriguing fragrance notes and every moment will change into an unforgettable experience.

**AN EXPLOSION
OF DESIRE AND
IRREPRESSIBLE
PASSION**

Sexy Cashmere is an explosion of desire and irrepressible passion. At first, it stuns with strong and hypnotising accords, slowly passing into softer and warmer notes enveloping the body like a cashmere scarf. A composition full of contradictions will ignite your imagination, bringing out your deepest desires.

AMBRE ROYAL Perfume

- Type:**
- sensual, charming, with a hint of mystery
- Fragrance notes:**
- Head: bergamot, orange, apple, cinnamon
 - Heart: clove, tobacco, cedarwood
 - Base: patchouli, tonka bean, myrrh, musk

100 ml | Fragrance: 20%
UTIQUE 100 | **502008** |

15 ml | Fragrance: 20%
UTIQUE 15 | **502008.02** |



VIOLET OUD Perfume

- Type:**
- sophisticated, stunning
- Fragrance notes:**
- Head: rose, suede, safflower
 - Heart: frozen raspberry, wild rose, cypriol
 - Base: agarwood, white musk, American sweetgum

100 ml | Fragrance: 20%
UTIQUE 100 | **502012** |

15 ml | Fragrance: 20%
UTIQUE 15 | **502012.02** |



**CAPTIVATING LIKE
PRECIOUS JEWELLERY**

Ambre Royal is a royal fragrance composition providing a mystic experience. Captivating like precious jewellery and surprising like the first summer rain. See for yourself how it will surprise you with the richness of the fragrance compositions with each developing hour.

**MAJESTIC, NOBLE,
UNPREDICTABLE**

Violet Oud has that mystical element to it which is the beginning of the new adventure to the unknown. Majestic, noble, unpredictable. Spray the magic around you and dive into the ravine of unpredictability.

GOLD Perfume

- Type:**
- luxurious, exquisite
- Fragrance notes:**
- Head: red pepper, cedarwood, nutmeg
 - Heart: iris, saffron, vetiver
 - Base: cypriol, patchouli, black musk, amber

100 ml | Fragrance: 20%
UTIQUE 100 | **502002** |

15 ml | Fragrance: 20%
UTIQUE 15 | **502002.02** |



BLACK Perfume

- Type:**
- elegant, sophisticated, mysterious
- Fragrance notes:**
- Head: woody notes, saffron, styrax
 - Heart: vetiver, amber, vanilla
 - Base: leather, sandalwood, amberwood

100 ml | Fragrance: 20%
UTIQUE 100 | **502001** |

15 ml | Fragrance: 20%
UTIQUE 15 | **502001.02** |



THE ESSENCE
OF ORIENTAL
SPLENDOUR

Gold perfume which dazzles like gold and is exquisite like handcrafted jewellery. Majestic, essential, inspiring. The essence of oriental splendour. Spray around the charming mist of sensual sensations.

ADDICTIVE,
CAPTIVATING AND
ENCHANTING

Black gives a unique meaning to every moment. Addictive, captivating and enchanting. It is a perfume with a mysterious dimension where warmth meets sophistication. Wrap yourself with the scent of black elegance.

RUBY Perfume

Type:

- magnetic, attractive, seductive

Fragrance notes:

- Head: cashmere wood, jasmine, cistus
- Heart: vanilla, amberwood, balsamic notes
- Base: white oud, black musk, dry wood

100 ml | Fragrance: 20%
UTIQUE 100 | **502003** |

15 ml | Fragrance: 20%
UTIQUE 15 | **502003.02** |



RUBY Solid Parfum

RUBY SOLID PARFUM

A unique marriage of precious fragrance notes which is a source of an exceptional experience caressing your senses. A luxurious combination in which jasmine, rockrose and cashmere tree accord playfully alternate with the sweet aroma of vanilla and amberwood to eventually uncover the clear note of white oud, black musk and dry wood. Due to its creamy texture, the perfume is exceptionally durable and stays on your skin for a long time. Just a small amount of the cream is sufficient to feel the caress that stimulates all the senses.

20 g | **502029** |



**SEDUCES, ENSLAVES,
STIMULATES DESIRE**

Ruby awakens the senses and wraps the skin like delicate chiffon. Magnetism, passion, the most wonderful emotions locked in a bottle. It seduces, enslaves, stimulates desire. It is an escape from everyday life, the mystical journey into the depths of the human soul.

TIP

It is best to apply the perfume with your fingers on the so-called pulse points, i.e. where the blood pulsates and the body generates heat: on the inside of the wrists, the neck, behind your ears, in your cleavage, in the crook of your elbows and at the back of your knees. Then the perfume will fantastically develop its bouquet and stay on your skin for a long time.

Imagine that your favourite fragrance turns into an exceptional form that you can touch and enjoy without end... It melts into your skin leaving a seductive, captivating aroma. This is what Ruby Solid Parfum is like. This is the quintessence of luxury locked in a creamy texture.

BLACK Set

BLACK SET

Enter the world of black elegance, where there are sensual fragrances: Ruby, Gold and Black. The set contains three 15 ml perfume bottles packed in an tasteful box. Perfect as a gift to someone special or simply if you want to treat yourself with a great selection of captivating fragrances in a beautiful setting.

3 x 15 ml | Fragrance: 20%
502010 |



CAPTIVATING SCENTS IN A BEAUTIFUL SETTING

UTIQUE perfumes not only are available in smaller, handy 15 ml bottles but in elegant set too. Captivating scents in a beautiful setting.



Luxury SCENTED CANDLE

LUXURY SCENTED CANDLE

Thanks to the sophisticated composition of fragrance notes, it surrounds the room with a captivating aura, allowing you to enjoy your favourite chords of UTIQUE perfumes for an unbelievably long time. It delights with its original design, giving an innovative modern feel to your interior. Made from paraffin that meets strict requirements of the German RAL standard.

- the highest quality standard
- designed with attention to every single detail
- in an elegant square glass

180 g
435 g



- 1 VIOLET OUD | 180 g
502053.01 |
- 2 VIOLET OUD | 435 g
502053.02 |

- 3 BLACK | 180 g
502051.01 |
- 4 BLACK | 435 g
502051.02 |

- 5 FLAMINGO | 180 g
502052.01 |
- 6 FLAMINGO | 435 g
502052.02 |



UNFORGETTABLE JOURNEY THROUGH SENSUAL LANDS

Unique scents of UTIQUE give you great opportunities. They will envelop not only your skin but also the interior of your home. Take an unforgettable journey through sensual lands.

CHIC OF INTERIOR DESIGN ENHANCED BY FRAGRANCE

- 3 wicks in a large candle ensure even burning
- astonishing, unique, intensive fragrance compositions
- an impressive artistic design
- breathtaking, timeless aesthetics

Luxury HAND WASH

LUXURY HAND WASH

- foams perfectly, enveloping your hands with a velvety foam
- gently cleanses your hands and does not dry the skin
- provides a pleasant feeling of hydration
- with Biohydration Plus® complex specially selected for FM WORLD
- leaves on your hands a captivating aroma of chords pampering your senses

300 ml



1 AMBER 502035 |

Sweet marriage of vanilla, patchouli and cinnamon notes will seduce connoisseurs of sophisticated sensations. A deep and ambiguous scent charms with a sumptuous bouquet of accords.

2 GRAPEFRUIT & ORANGE BLOSSOM 502036 |

Delightful fragrance composition with captivating notes of refreshing grapefruit and sensual orange blossom. An amazing fusion of accords, which adds energy and inspires.

3 OUD & ROSE 502037 |

A unique combination of perfectly harmonising notes of magnetising oud and sensual rose. This mysterious fragrance brings to you dazzling splendour of the royal garden.

4 FIG LEAVES 502038 |

The multi-layered accord of fig leaves will wrap your hands with a sublime fragrance, in which the unusual freshness is complemented by romantic and noble notes. A real feast for the senses.



HANDS ARE YOUR MOST IMPORTANT ATTRIBUTE

Hands are your most important attribute. They deserve the highest quality of care. Luxury Hand Washes impress with their sophisticated formula and intriguing scents.

INSPIRATION WITH SKIN'S NATURAL MOISTURISING PROCESSES

The Natural Moisturising Factor (NMF) is a group of substances naturally present in the skin. They ensure proper moisture levels in the corneal layer of the epidermis. Luxury Hand Wash is enriched with a unique **Biohydration Plus®** complex, which perfectly mimics the NMF, leaving your skin velvety soft and smooth in texture.

Luxury
SHOWER GEL

LUXURY
SHOWER GEL

- turns a bath into a fascinating sensation that caresses all the senses
- thanks to the innovative ingredients has a positive effect on the condition of the skin
- leaves the skin silky smooth
- captivating fragrance compositions ensure blissful relaxation

200 ml

1 RUBY
502039 |



1

- 2 MUFFIN
502040 |
- 3 BLACK
502042 |
- 4 GOLD
502043 |
- 5 VIOLET OUD
502044 |
- 6 FLAMINGO
502045 |
- 7 GRAPEFRUIT & ORANGE BLOSSOM
502015 |
- 8 FIG LEAVES
502016 |
- 9 AMBER
502020 |
- 10 OUD & ROSE
502014 |
- 11 SANDALWOOD & PATCHOULI
502013 |



2

3

4

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6



7

8

9

10

11

EXTEND THE LIFE OF
PERFUME, INTENSIFY
THE FRAGRANCE

A great way to extend the life of perfume and to intensify the fragrance is by applying it in layers. By using the most beautiful UTIQUE perfume compositions in Luxury Shower Gels, you can be sure that the stunning fragrance will stay with you throughout the day.

REGENERATING
NECTAR MADE
OF PRECIOUS
INGREDIENTS

- **Biohydration Plus®** is a unique formula, specifically selected for FM WORLD that makes the skin immediately moisturised for a long time. Thanks to its advanced technology, the product has a comprehensive effect that ensures immediate regeneration and relief. Additionally, it prevents water loss, thus protecting the skin from drying.
- **Whitesense™** is a precious extract from the white flowers of the Provence rose (*Rosa centifolia L.*), jasmine (*Jasminum officinale L.*) and common daisy (*Bellis perennis L.*), which immediately makes the body silky smooth and extremely soft. The presence of Whitesense™ in UTIQUE Luxury Shower Gels guarantees an exceptional and sensual experience that will make you feel just right.

Luxury BODY BALM

LUXURY BODY BALM

- silky consistency
- envelops the body with a beautiful aroma
- provides the skin with excellent hydration, softness and smoothness
- contains high-value complexes – Revitaoils Supreme® and Hydromanil™

200 ml

1 FLAMINGO
502046 |



1

2 BUBBLE
502047 |

3 AMBER
502017 |

4 GRAPEFRUIT &
ORANGE BLOSSOM
502019 |

5 OUD & ROSE
502018 |



2

3



4

5

PERFECTLY HARMONIOUS ACCORDS

Perfectly harmonious accords of the UTIQUE Perfumes and Luxury Body Balms will let you intensify the fragrance sensations and extend their durability. Discover your favourite compositions in a completely new style.

NOURISHING COCKTAIL OF THE BEST INGREDIENTS

- **Revitaoils Supreme®** is an innovative skin-revitalising complex, specifically selected for FM WORLD, the secret of which is its plant origin. It is a unique combination of oils sourced from macadamia, avocado, olives, coconut, flax, sunflower and argan tree, which provides an irreplaceable source of vitamins and non-saturated fatty acids for the skin.
- **Hydromanil™** is a highly valuable active substance derived from the seeds of a Peruvian plant called Tara. Thanks to advanced technology, it offers a double action: it immediately improves the moisture level of the cornified layer of the skin for a long time, and regulates the process of epidermal exfoliation, leading to improved skin appearance.

Luxury HAIR REPAIR OIL

LUXURY HAIR REPAIR OIL

A unique combination of oils derived from the very heart of plants. It revives the hair colour and adds shine, leaving it soft, smooth and velvety to the touch.

- **absorbs perfectly**
- **does not weigh the hair down**
- **has a pleasant marzipan-like scent**
- **with an atomiser for easier and even application**

50 ml | 502005 |



Luxury FACE OIL

LUXURY FACE OIL

An exclusive composition of plant origin precious oils. It restores a healthy and radiant appearance. Contains a highly concentrated dose of vitamins and antioxidants, providing intensive skin nutrition, hydration and regeneration.

- **excellent under makeup**
- **for day and night**
- **thanks to the pipette it is easily dosed and applied to the face**

30 ml | 502004 |



THE POWER OF OILS FOR YOUR HAIR

A sophisticated marriage of oils, such as argan, jojoba, linseed, soybean and sweet almonds' combined with shea butter makes hair visibly stronger, nourished and moisturised.

A WEALTH OF INGREDIENTS FOR A HEALTHY-LOOKING COMPLEXION

The irreplaceable argan and jojoba oils have a moisturising effect for healthy-looking skin. The wonderful effects of this cosmetic result from the presence of evening primrose, sunflower, soybean, castor, calendula, rose, avocado and rice oils as well as selected essential oils: geranium, ylang-ylang and neroli.

FIRMING RITUAL

Luxury Massage Oil

FIRMING RITUAL LUXURY MASSAGE OIL

Not only enhances sensual sensations but also perfectly improves the appearance of the skin. The unique oil component contained in it, based on ginger extract, perfectly supports the process of burning fat tissue, contributing to apparent skin firming.

- **supports fat burning and helps fight cellulite**
- **with eucalyptus oil that has a positive effect on well-being**
- **convenient pump for easy dosing**

200 ml | 502049 |



RELAXING RITUAL

Luxury Massage Oil

RELAXING RITUAL LUXURY MASSAGE OIL

Thanks to aromatherapeutic properties it transforms any massage into a blissful pleasure, wonderfully improving your mood. Formulated with lemongrass oil for a truly soothing feeling, making it ideal for relaxing massages.

- **strongly relaxing fragrance**
- **perfect skincare**
- **handy pump for precise dosing**

200 ml | 502050 |



A REAL TREAT FOR THE SKIN AND THE SENSES

A massage with UTIQUE oils will not only be a moment of retreat, allowing you to forget about everyday worries, but also a care treatment that will leave your skin silky soft, smooth and pleasant to the touch. Thanks to carefully selected ingredients, the oils are ideal for massaging the whole body and for all skin types, especially dry and sensitive. They owe their captivating scent to natural essential oils.

PRECIOUS RECIPES

Precious recipes rich in fatty acids and vitamins oils, such as argan, rose, jojoba, avocado, rice, evening primrose and marigold, wonderfully nourish and smooth the skin, restoring its healthy glow.

ROYAL PERFECTION Day Cream

ROYAL PERFECTION DAY CREAM

- a refined combination of top-quality active ingredients and advanced technology
- a meticulously developed, ultra-rejuvenating formula
- intensively moisturises, firms and regenerates the skin
- makes your complexion regain a healthy, radiant look and a dazzling glow

50 ml | 502026 |



ADVANCED AGE CONTROL Night Cream

ADVANCED AGE CONTROL NIGHT CREAM

- a wealth of intensively anti-aging and firming active ingredients
- deeply penetrates the skin while you sleep
- perfectly hydrates, regenerates and smooths the complexion

50 ml | 502027 |



THE BEST RECIPE FOR AN EXCEPTIONAL DAY

- **L.C.G.S MC 8.0®** reduces the negative effects of electromagnetic radiation, which includes, among others, UV radiation and blue light. In addition, it effectively protects your skin from oxidative stress and excellently contributes to the regeneration of the epidermis.
- **Tripeptid-38** is a new-generation, strong anti-wrinkle peptide that enhances the synthesis of 6 key ingredients regenerating your skin. As a result, it fills in wrinkles from the inside providing a visible effect of smoother and suppler skin.
- **An ultra-advanced antioxidant** that is activated only by UV radiation and provides long-lasting protection against free radicals. It will make you forget about a grey and tired complexion, and your skin will become more resistant to the negative effects of external factors responsible for the aging processes.
- **Low-molecular hyaluronic acid** is a natural polysaccharide that fills in the space between collagen fibres and, in consequence, perfectly hydrates the skin and makes it more elastic and rejuvenated.

REVOLUTIONARY INGREDIENTS THAT PENETRATE YOUR SKIN DURING SLEEP



- **L.C.G.S MC 8.0®** affects the synthesis of two proteins that are of key importance to a youthful appearance: fibronectin, which interacts with, among others, collagen and proteoglycans, and protein p53, which participates in DNA regeneration. Therefore, it has strong anti-aging effects – it regenerates the skin and keeps it smooth.
- **The newest, milder generation of the vitamin A derivative** is currently one of the most effective anti-wrinkle substances, which slightly lightens the skin and visibly improves its appearance.
- **Edelweiss meristem extract** prevents the effects of oxidative stress caused by the air pollution and UV radiation, and has strong lifting effects on flabby neck skin, optically lifts your cheeks and smooths out crow's feet. It will make you forget about a grey and tired complexion, and your skin will become fantastically firm and more resistant to the negative effects of external factors responsible for the aging processes.
- **Shea butter** is a fat extracted from the nuts of the African tree gracefully named the Mangifolia tree, which in Africa has been considered sacred and has been worshipped for thousands of years. It leaves your skin perfectly soft and hydrated.

Eye Cream COMPLEX

EYE CREAM COMPLEX

- a perfect combination of top-quality ingredients
- excellently firms up and moisturises the sensitive skin around your eyes
- gently brightens unattractive dark under-eye circles
- leaves the skin supple and exceptionally refreshed

20 ml | 502028 |



ANTI-AGING ELIXIR Face Serum

ANTI-AGING ELIXIR FACE SERUM

- highly concentrated, groundbreaking formula
- intensively regenerates and smooths the skin
- reduces the visibility of wrinkles
- visibly lifts the face contour

30 ml | 502030 |



FOR THE NEEDS OF DELICATE SKIN AROUND THE EYES

- **L.C.G.S MC 8.0®** – UV radiation and blue light have an adverse effect on the sensitive skin around the eyes – they cause oxidative stress, and also contribute to the appearance of wrinkles caused, among others, by excessive squinting. That is why the cream has been enriched with a complex that works in two ways: reducing the negative effects of electromagnetic radiation and facilitating the regeneration and smoothing of the skin, which slows down the aging processes.
- **A complex of an extract from Albizia julibrissin and darutoside** stimulates collagen synthesis and contributes to the skin regeneration process, optically stretching out crow's feet. Additionally, it has a lifting effect on the sagging upper eyelids, making them visibly firmer.
- **Low-molecular hyaluronic acid** has a strong ability to penetrate the skin, thanks to which it increases the firmness and elasticity of the skin.
- **Cyclic peptide and ectoine** have a deeply hydrating effect and optically stretch out wrinkles, making the skin suppler.
- **Caffeine** stimulates the micro-circulation of blood, slightly lightening unattractive dark under-eye circles.

INTENSIVE EFFECTS THANKS TO PRECIOUS INGREDIENTS



- **L.C.G.S MC 4.0®** has strong anti-aging properties – intensively regenerates and smooths the complexion. It perfectly prepares the skin for the application of other beauty products, interacting synergistically with them and enhancing their effects.
- **The latest generation of vitamin A derivative** – more delicate for the skin – currently one of the most effective substances reducing wrinkles – slightly lightens dark spots and effectively improves the appearance of your skin.
- **Lipodipeptide** by stimulating elastin synthesis, it prevents the sagging of the skin, visibly lifting the face contour.
- A valuable **phytoestrogen complex** regulates the functioning of sebaceous glands.
- A precious combination of **caviar extract** and trace elements – **gold, silver** and **platinum** – contributes to the slowing down of the skin aging processes, optically reducing wrinkles.

Ultra Firming BUST CREAM

ULTRA FIRMING BUST CREAM

- formula developed with the use of pioneer technologies
- greatly contributes to making the skin around your breast firmer and more elastic
- ensures a visible lifting effect
- great alternative to an invasive breast shaping procedure

50 ml | 502031 |



FIRMING COMPLEX Body Cream

FIRMING COMPLEX BODY CREAM

- a compilation of the best ingredients
- groundbreaking body shaping technology
- perfectly firms up, smooths and tightens the skin
- supports the reduction of adipose tissue

120 ml | 502032 |



A PERFECT RECIPE FOR IDEALLY SHAPED BREASTS

- A unique **Volumenic Plus MC 12.0®** compound stimulates the maturation and differentiation of fat cells and facilitates the lipids storage process. This results in the so-called cosmetic lipofilling, which causes an increase in the volume of adipose tissue in the breasts and is a great alternative to aesthetic medicine procedures.
- A **Dictyoptales-family brown algae extract** provides nourishment to adipocytes, making the breasts look larger and fuller.
- **Algae** and **pullulan complex** rich in amino acids, polysaccharides, vitamin C and B12 strengthens the subcutis fibres, maintains and corrects the shape of the breasts.

PERFECTLY SHAPED SILHOUETTE

- **Slimenum Ultra³ MC 16.0®** reduces the volume of fat deposits, excellently slimming down the body and visibly reducing the unevenness of the skin. As a result, it shapes your figure in 3D, providing effects that are comparable to those of ultrasonic procedures.
- **Xymenic acid** visibly increases the elasticity of the skin making it firmer and suppler. In addition, it enhances the capacity of the skin's antioxidative mechanisms, facilitating protection against oxidative stress and ensuring the beautiful and healthy appearance of the skin.
- A valuable combination of **sea algae** and **vegetable proteins** provide an optical lifting effect.
- **Extract from Bougainvillea spectabilis**, a valued plant from South America, is a technologically advanced ingredient that facilitates adipose tissue reduction processes and prevents the sagging of the skin, enhancing the synthesis of proteoglycans, collagen and elastin.



The brightest among all the stars

Reach for the sky. Allow yourself to have more. Discover the luxurious line of cosmetics for in-depth skin care and sophisticated makeup. ALAYA is perfect in every inch, starting with a logotype that expresses its uniqueness and elegant packaging, through high-quality formulas, up to astounding, long-lasting effects. Soar above the horizons and let your makeup look delight like the masterpiece of an artist.

COMING
SOON

COMING
SOON

SUNNY SOFT TOUCH

Luminous-Bronzing

SUNNY SOFT TOUCH LUMINOUS-BRONZING POWDER

It makes the skin look healthy and radiant as if sun-kissed and illuminated by sparking rays. Thanks to its silky texture, it is a source of excellent well-being from the moment of application.

- provides a natural tan effect with a delicate golden glow
- spreads evenly
- leaves no streaks or smudges

11.5 g | 602022 |



GLASS SKIN

Highlighter Palette

GLASS SKIN HIGHLIGHTER PALETTE

It instantly revives and rejuvenates the skin visually. Thanks to high-pigment intensity, it provides an extremely luminous finish for an unbelievably long time. Perfect for both day and evening makeup looks.

- gives the skin a fresh and radiant glow
- allows obtaining the so-called glow effect
- efficient and multifunctional
- in warm, cool and neutral shades

15 g | 602023 |

- CHAMPAGNE
- CASHMERE
- TIME OF FAME
- MOON DUST
- PINK DIAMOND



IN AN ELEGANT
COMPACT
WITH A MIRROR



FOR EVERY TYPE
OF BEAUTY



VEGAN
FRIENDLY



IN AN ELEGANT
COMPACT
WITH A MIRROR



FOR EVERY TYPE
OF BEAUTY



VEGAN
FRIENDLY

EYESHADOW Palette

EYESHADOW PALETTE

Thanks to the silky soft texture of the eyeshadows you can easily change any makeup into a real piece of art. You'll feel like an artist with a painting palette of the most beautiful colours.

- enables blending colours and creating a seamless transition of their shades
- eyeshadows do not flake off or crumble
- highly pigmented
- in a wide range of colours
- vegan based formula

9 g



- TOTAL ALLURE
606080 |
- DOLCE VITA
 - AMETHYST
 - PEARL GIRL
 - CARPE DIEM
 - SANDALWOOD
 - MARBLE
 - CORAL FANTASY

- HARMONY
606081 |
- LAST NIGHT
 - FLIRT
 - SEDUCTION
 - VENUS
 - TRUFFLE
 - ROYAL
 - WHITE GOLD



IN AN ELEGANT
COMPACT
WITH A MIRROR



FOR EVERY TYPE
OF BEAUTY



F O N T A I N A V I E

A source of youthful looking skin

Regardless of our age, we want to have a dazzling smile and for our skin to remain firm and radiant for as long as possible. Scientists in laboratories all over the world continue to test and improve formulas that will enable them to stop time on our skin. We have used cutting-edge technologies and drawn upon groundbreaking discoveries to create a brand of specialised skincare products called FONTAINAVIE. This is our tested formula for eternal youth.

COMING
SOON

COMING
SOON

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COMING
SOON

HYDROTHERAPY Hyaluronic Sheet Mask

HYDROTHERAPY HYALURONIC SHEET MASK

Occlusive properties of the sheet significantly increase the penetration of nutrients into the skin. Thanks to this, they perfectly tighten it, smoothing out fine lines, intensively nourish and effectively regenerate.

- **rich in active moisturising ingredients**
- **provides a beautiful and healthy look**
- **ensures visible skin rejuvenation effect**

20 ml | 503033 |



ULTRAMOISTURISING PROPERTIES

It contains a wealth of ingredients naturally found in the skin, such as hyaluronic acid, amino acid complex, a sodium salt of pyroglutamic acid and urea. Thanks to the ability to bind water, they intensively and long-lastingly moisturise the skin, leaving it firm and velvety smooth.

100% of respondents* confirm that it:

- cares for the skin
- moisturises it for a long time
- provides intensive regeneration
- visibly rejuvenates
- leaves the skin firm and velvety smooth

*Trial study conducted on a group of 25 women aged 19 to 56 over the period 4 weeks.

CONFIRMED RESULTS

LIFT EXTREME Eye Serum

LIFT EXTREME EYE SERUM

Precisely reduces fine lines, wrinkles and puffy eyes. Through a combination of the Pentapeptide-18 and Hexapeptide-8, it works like Botox by tightening, firming and smoothing the skin.

- **an immediate lifting effect**
- **for use under the eyes and on selected parts of the face**

5 ml | 503001 |



ADVANCED REPAIR Lip Balm

ADVANCED REPAIR LIP BALM

Based on castor oil enriched with waxes: beeswax, candelilla and carnauba wax, almond oil, lanolin and vitamin E, effectively regenerates chapped lips.

- **rescue for dry lips**
- **makes them incredibly smooth and silky soft**
- **leaves a pleasant feeling of nourishment and hydration**
- **protects against negative effects of UV radiation**
- **contains hyaluronic acid that plumps lips**
- **for everyday use**

4.8 g | 503031 |



ULTRA RECOVERY Universal Cream

ULTRA RECOVERY UNIVERSAL CREAM

Effectively regenerates face and body skin. It soothes irritations by reducing dryness, redness, and keratosis. It is an indispensable soothing compress after cosmetic treatments, depilation and excessive exposure to UV radiation.

- **it contains no silicones or parabens**
- **perfect for all types of skin, especially for dry and sensitive skin**
- **suitable for everyday application**

500 ml | 503036 |

250 ml | 503036.02 |



PERFECT SKIN Nourishing Body Salt Scrub

PERFECT SKIN NOURISHING BODY SALT SCRUB

Effectively exfoliates the dead cells making the skin more flexible, silky smooth and soft to the touch. When applied regularly it clearly improves the condition of the skin, restoring its proper hydration and stimulating microcirculation.

- **perfectly oils, nourishes and regenerates the skin**
- **rich, oil formula makes the use of body balm unnecessary after application**
- **with a deep scent of PURE ROYAL 900 perfume**

200 g | 503035 |



INTENSIVE RENEWAL DUE TO A RICH FORMULA

The power of moisturising and oiling active ingredients:

- **beta-glucan** from oat grains makes the skin smooth and flexible and supports regeneration of its cells
- **colloidal silver** has antibacterial properties
- **coconut oil** softens, nourishes and protects against harmful external factors
- **esters of higher fatty acids** impact the proper functioning of the cells

SALT AND OIL – A RECIPE FOR BEAUTIFUL SKIN

The cosmetic base is formed by the highest quality, precious oils – with avocado, sunflower and argan oils – as well as mango and shea butter. This true richness of vitamins precious for the skin, among others: E, C, B, PP, A and K, unsaturated fatty acids, linoleic acid as well as minerals – potassium, iron and copper.

PROBIOTIC Toothbrush Cleaner

PROBIOTIC TOOTHBRUSH CLEANER

This product effectively prevents the multiplication of bacteria, which result in the occurrence of dental caries. Also, it minimises the risk of development of the microorganisms that cause tooth decay.

- extremely efficient – one dose is sufficient for seven days
- environmentally friendly
- it is also suitable for dentures

10 × 4 ml | 713006 |



Find our special symbol and look for it on other products – each one is environmentally friendly!

100% ACTIVE PROBIOTICS

Perfect oral hygiene also means taking care of the tools used for brushing your teeth, which are the habitat of microorganisms that are dangerous to our health. While taking care of the natural environment and wanting to provide you with comprehensive protection, we have created an innovative probiotic preparation, which is based on the function of beneficial bacterial strains.

3 IN 1 Teeth Whitening Foam

3 IN 1 TEETH WHITENING FOAM

Innovative whitening formula not only effectively improves the appearance of the teeth but also cleans the enamel and refreshes the oral cavity.

- specialist product for daily use
- in a convenient foam formulation
- contains sodium percarbonate
- convenient use thanks to a hygienic pump
- designed for adults

50 ml | 503032 |



WHITENS, REFRESHES, CLEANS

Sodium percarbonate contained in the foam releases hydrogen peroxide, which is invaluable in aesthetic dentistry. This compound reacts with organic coloured substances, oxidising them and breaking them down into smaller particles, as a result they become brighter and thus less visible.

- extremely efficient – lasts up to 4 months
- effects visible after 1-3 weeks of use



H A I R L A B

Discover the beauty of having healthy hair

Professional hair care in the comfort of your home? From now on, it is possible. To meet your expectations, we have created HAIRLAB – the line of hair care cosmetics ensuring healthy and beautiful looking hair. A rich composition and perfect recipes tailored to your individual needs will make the dream of a great hairstyle a reality. Give your hair the best possible treatment and your hair will become your most beautiful ornament.

Maciej Maniewski – is well known as a celebrity hairdresser, the head of the judges in a television show 'Master Cut', the host of the show 'Hairdresser's affair' and the master of metamorphosis from the TV show 'Sablewska's way to fashion'. Connected with the fashion industry for many years; a man for whom hair has no secrets. He has now become the ambassador of the prestigious line of products – HAIRLAB.

Strong HAIRSPRAY

SWIFT² STYLING HAIRSPRAY

Contains panthenol and keratin, which nourish and support the restoration of the structure of all hair types, improving its condition and making it shiny and styled the way you want.

- instantly finishes and fixes your hairstyle
- adds shine and increases hair volume
- easy to comb
- with a pleasant, fruity fragrance

150 ml | 520021 |



Dry Hair SHAMPOO

RAPID² HAIR REFRESH DRY SHAMPOO

Thanks to rice starch and tapioca flour, it works like a sponge absorbing excess sebum and impurities giving the hair a just-washed look. The unique formula ensures instant action and unprecedented ease of use.

- effectively cleanses and refreshes hair without using water
- visibly increases the volume of hair giving it lift at the root, perfect for travel and before an unexpected night out
- smells of juicy apple

150 ml | 520020 |



SWIFT² STYLING

Perfectly styled hair is the dream of everyone who likes to experiment with their image. Buns, curls, backcombs, mohawks – let your imagination run wild, a SWIFT² STYLING line will make you enjoy the perfect hairstyle for an incredibly long time.

RAPID² REFRESHING

Unannounced visits, sudden trips, unexpected meetings – whatever the circumstances, we want to look perfect. The RAPID² REFRESHING line will give your hair a flawless look in every situation.

SHAMPOO

For Dry Hair

AQUA² SHAMPOO

Makes the driest hair recover its original healthy look and shine. Thanks to hyaluronic acid, it intensively moisturises, nourishes and strengthens hair and gently cleanses the skin.

- with extremely moisturising hyaluronic acid
- makes hair shiny and bouncy
- best results when used with the Aqua² Mask

250 ml | 520001 |

50 ml | 520001.02 |



MASK

For Dry Hair

AQUA² MASK

Rescue for dry, damaged and frizzy hair. The mask intensively moisturises and nourishes hair, making it look healthy and shiny. In addition, it makes combing hair easier. Effect: strong hair full of glow.

- requires rinsing
- rich in precious linseed, jojoba and rice oils
- prevents hair from breaking and picking up static
- to strengthen the results of the mask add a few drops of Aqua² Oil
- if you have colour-treated hair, add a few drops of the Ideal² Colour Elixir to the mask to enhance the depth and richness of your hair colour and make it glow

250 ml | 520003 |

30 ml | 520003.02 |

Hair OIL

Intensively Moisturising

AQUA² OIL

Rebuilds, moisturises and smooths hair. It prevents split ends and makes it easy to comb. Specially selected ingredients protect your hair from loss of water. Massage just a few drops of essential oil into your hair.

- contains jojoba oil which improves the condition of hair
- can be applied on wet and dry hair
- intensively moisturises hair making it soft and shiny

100 ml | 520004 |

AQUA²

Thanks to an intensively nourishing formula enriched with an extra dose of hyaluronic acid, the AQUA² line perfectly hydrates hair which is dry, prone to frizzing and damaged. AQUA² brings back flexibility and silkiness to hair, providing glow and protection also to colour-treated hair.

Intense Regenerating Hair SHAMPOO

INTENSE² REGENERATING SHAMPOO

Designed for dry, fragile, very damaged, sensitive, chemically-treated hair. Thanks to the panthenol, it perfectly nourishes, rebuilds and strengthens hair. Gently cleanses the scalp.

- **intensively regenerates damaged hair**
- **perfectly combines cleansing with rejuvenating and protective properties**
- **use with an Intense² Regenerating Mask**

250 ml | 520005 |

50 ml | 520005.02 |



INTENSE² REGENERATING

Thanks to carefully selected ingredients, it provides intense hydration and nutrition for dry and damaged hair. The series comprises three ideally paired products which guarantee the best possible condition of your hair.



Intense Regenerating MASK

INTENSE² REGENERATING MASK

If you have a problem with damaged, very sensitive hair, this mask is perfect for you. Thanks to the panthenol, it perfectly moisturises as well as rebuilds and strengthens hair. Hair becomes stronger and more flexible.

- **requires rinsing**
- **professional care for even the most damaged hair**
- **to enhance the mask effect, add a few drops of the Ideal² Colour Elixir (especially for colour-treated hair)**

250 ml | 520006 |

30 ml | 520006.02 |



Intense Regenerating SPRAY

INTENSE² REGENERATING SPRAY

Regenerates and rebuilds even the most damaged and sensitive hair. It has a light and delicate consistency that does not weigh hair down and helps to comb and style it.

- **contains nourishing panthenol**
- **does not require rinsing**
- **fast and easy to apply: just spray your hair from roots to ends to regain a healthy look**

150 ml | 520007 |

Colour-Treated Hair SHAMPOO

IDEAL² COLOUR SHAMPOO

Due to carefully selected ingredients, it provides professional hair care after colour treatments. Together with the mask of the same line, it is an excellent treatment, which helps to preserve the original shade of coloured hair and prevents it from becoming dull.

- contains panthenol and horsetail leaf extract
- use with the Ideal² Colour Mask and Ideal² Colour Elixir

250 ml | 520019 |



IDEAL² COLOUR

IDEAL² COLOUR – enhances colour depth and intensity after colour treatments and protects against colour fade. What's more, it moisturises and nourishes hair with precious ingredients. Your hair will look as if just colour-treated by a professional hairdresser.



Colour-Treated Hair MASK

IDEAL² COLOUR MASK

The unique formula gives hair a glow and increases the intensity and durability of its colour. The mask protects against colour fading and at the same time rebuilds and nourishes, so hair looks healthy and shiny.

- contains natural filters UV
- requires rinsing
- protects colour from fading and makes hair shine for a long time
- hair becomes silky and soft
- to enhance the results of the mask, it is worth adding a few drops of Ideal² Colour Elixir to it

250 ml | 520010 |



Colour-Treated Hair ELIXIR

IDEAL² COLOUR ELIXIR

Recommended after colour treatments. For all types of hair. It strengthens the intensity and adds depth and colour durability.

- requires rinsing
- makes hair look healthy and glowy
- just add 5-10 drops to the Ideal² Colour Mask to get an extraordinarily expressive hair colour

75 ml | 520011 |

For Curly Hair

SHAMPOO

CURLY² SHAMPOO

Designed for hair prone to curling and waving. In combination with the mask of the same line, it is a specialised treatment which disciplines the curls and makes them soft to the touch.

- **basic care for unruly curls**
- **enriched with panthenol and hydrolysed collagen**
- **use with Curly² Mask and Curly² Smoothing Emulsion**

250 ml | 520017 |



For Curly Hair

MASK

CURLY² MASK

Perfectly complements the care of curly hair. Synergistic effect of the cosmetics of the entire HAIRLAB line, gentle on the skin and hair, supports their combing and styling.

- **makes it easy to style curly hair**
- **contains shea butter, avocado oil and hydrolysed collagen**
- **use with Curly² Shampoo and Curly² Smoothing Emulsion**

250 ml | 520018 |

Smoothing

EMULSION

For Curly Hair

CURLY² SMOOTHING EMULSION

Contains the hydrolysed collagen that makes hair smooth and more amenable to styling. The emulsion protects from absorbing moisture and external environmental factors and high temperature during the styling process.

- **defines and moisturises beautiful curls**
- **does not require rinsing**
- **thanks to the hydrolysed wheat protein it smoothes curly hair creating a protective film on its surface**

175 ml | 520002 |

CURLY²

Rich in precious nourishing ingredients CURLY² products make hair smooth and easier to style. It creates a seal which prevents curly hair from absorbing too much water, protects it against environmental conditions and high temperature during styling.

Volume Increasing SHAMPOO

VOLUME² SHAMPOO

Delicate and volume-less hair will no longer be your worry. This shampoo contains hydrolysed wheat protein affecting nutrition, moisturising and boosting the volume of flat hair.

- **for everyday use**
- **the light texture does not weigh the hair down**
- **provides volume and makes hairstyle look light and fuller**

250 ml | 520008 |



Volume Increasing Hair SPRAY

VOLUME² SPRAY

Thanks to the content of hydrolysed wheat protein the spray gives hair fullness, optically increasing its volume. It has a delicate consistency, so it doesn't weigh hair down.

- **does not require rinsing**
- **just spray hair to get that unbelievable volume**
- **has nourishing properties**
- **use with Volume² Shampoo**

150 ml | 520009 |



Soothing SHAMPOO For Sensitive And Irritation Prone Skin

DELICATE² SHAMPOO

Thanks to its rich formula it soothes the irritation of the scalp and restores its pH balance. Hair on the other hand gains vitality and the right hydration.

- **soothes your scalp taking care of your hair at the same time**
- **for every hair type**

250 ml | 520012 |



VOLUME²

The series guarantees that your hair gains incredible volume while at the same time getting hydrated and nourished. Thanks to the unique formula, your hair gets strengthened and you will re-discover its flexibility and shine again.

DELICATE²

Thanks to perfectly selected ingredients it gently cleanses scalp and hair providing it with optimal moisture.

Anti-Dandruff SHAMPOO

ANTI DANDRUFF² SHAMPOO

The formula of the shampoo cleanses the scalp, leaving the feeling of freshness. Helps to soothe itching, dryness and irritation caused by dandruff.

- helps fight dry dandruff and perfectly strengthens the keratin structure of dry and brittle hair
- has a soothing effect on the scalp
- best to use along with the Anti-Dandruff² Elixir

250 ml | 520016 |



Anti-Dandruff ELIXIR

ANTI DANDRUFF² ELIXIR

Contains valuable active ingredients such as birch extract, vitamins B6 and PP, as well as panthenol, which cleanse the scalp.

- thanks to soothing properties it eliminates itchiness
- the formula works to soothe the scalp
- perfectly handles both dry and oily dandruff
- easy to use: just use a small amount of elixir and massage into wet hair

150 ml | 520015 |



ANTI DANDRUFF²

ANTI-DANDRUFF² line regulates excess production of sebum and prevents the formation of dandruff thanks to the technologically advanced formula of the cosmetic and powerful ingredients. It strengthens hair, making it extremely shiny and nourished.

Energising SHAMPOO

For Weak Hair

ENERGISING² SHAMPOO

Designed for hair with a tendency to fall out. Contains valuable plant extracts, including an extract from ginseng and burdock. It has a normalising and regenerating effect.

- **for men who dream of thick, healthy hair**
- **for better result apply together with Strong² & More Hair Oil**

250 ml | 520013 |

50 ml | 520013.02 |



Energising Hair OIL

Against Hair Loss

STRONG² & MORE HAIR OIL

Contains a well-selected blend of plant extracts (yarrow, cinchona, coltsfoot) and active substances (zinc, vitamins) affecting the improved condition of a hair follicle.

- **has a pleasant, fresh smell**
- **easy to apply: massage 15- 20 drops into the scalp every other day**

30 ml | 520014 |



ENERGISING²

Perfectly refreshed scalp and boosted hair texture. Thanks to precious ingredients and unique formula, the shampoo prevents hair loss, providing hair with an incredible, healthy shine.

STRONG² & MORE HAIR

Thanks to advanced technology, it improves the condition of hair roots and visibly reduces hair loss. Ultra strengthening HAIRLAB of weak and prone to falling out hair.



NUTRICODE

Regain the life balance

All our actions are motivated primarily by your needs. We live in incredibly intense times – stress, fatigue and pollution are our inevitable everyday companions. What is more, access to full-value, natural products is difficult, and the fast pace of life makes it easy for us to develop bad habits – irregular meals, little sleep and no physical activity. That is why we make every effort to ensure that NUTRICODE products allow you to regain the life balance, facilitating the proper functioning of your body.



SAVE BY BUYING AS A SET

Konjac
FETTUCCINE
SUPERFOOD

200 g | **807003** |

Konjac
PENNE
SUPERFOOD

200 g | **807005** |

Konjac
SPAGHETTI
SUPERFOOD

200 g | **807004** |

Konjac
ANGEL HAIR
SUPERFOOD

200 g | **807002** |

Konjac
RICE
SUPERFOOD

200 g | **807001** |

Konjac
**ONE WEEK
PACK**
SUPERFOOD

7 × 200 g | **807006** |

ARE YOU ON A LOW-CARB, FIT, KETO, PALEO, VEGE DIET? IT DOESN'T MATTER, BECAUSE KONJAC IS A SUPERFOOD.

KONJAC SUPERFOOD

A healthy alternative to the traditional pasta and rice. It satisfies hunger without any guilt, and due to the large amount of fibre, it allows you to eat your fill and improve intestinal motility. Be sure to test it in your kitchen.

- **low in calories**
- **ideal for lunch and dinner, savoury salads or desserts**
- **perfect for FIT6 programme participants**
- **ready in 2 minutes**

The products do not contain:

- sugar, fat, grains, gluten, soy, ingredients of animal origin

TRY TO EXPERIMENT WITH FLAVOURS, TEXTURES AND TOPPINGS, IN ORDER TO CREATE TASTY MEALS WITH NO EXTRA CALORIES.

CREATE YOUR OWN MEGASET

The most important thing is to make a habit of the proper nutrition. Therefore, we provide you with the possibility to create the perfect set for the entire week. You decide what we will pack into it. You can choose from all five types of konjac products, and every day put a different portion of health on your plate.



SILVER PRO ADVANCED FORMULA

- contains precious colloidal silver
- contains natural eucalyptus oil
- no alcohol or fluorine

Dilute one tablespoon of the liquid in 250 ml of water.

250 ml | 501023 |



SILVER MORE PRECIOUS THAN GOLD

The use of colloidal silver for medical purposes dates back to the turn of the 19th and 20th centuries. Because of its bactericidal, antiviral, and antifungal properties, it was used primarily to cure diseases caused by microorganisms. Drawing on the knowledge of past generations, we used its power to create a modern NUTRICODE preparation.

IMMUNE-UP ELIXIR

FOOD SUPPLEMENT

- the best natural ingredients with a beneficial impact on the body's immunity
- enriched with vitamin C and zinc, which help to strengthen the immune system
- easy and pleasant application due to the liquid syrup form

Pour 15 ml into the measuring cup and consume before meals. Shake well before use.

480 ml | A 30-DAY SYSTEM
801205 |



A PRACTICAL MEASURING CUP IS INCLUDED

SUPPORT DURING A PERIOD OF INCREASED INFECTION RISK



- thyme** and *Echinacea purpurea* support proper functioning of the immune system
- ginger**, valued for its beneficial effect on the improvement of vitality, supports respiratory tract functions
- vitamin C** and zinc help strengthen your immunity
- oneseed hawthorn** supports circulatory system functions

VIT-C POWDER

FOOD SUPPLEMENT

- vitamin C of the highest quality
- one dose satisfies the body's daily need for this ingredient
- perfectly absorbed
- ideal for vegans and vegetarians

Measure 1 gram of the product and dissolve in 200 ml of water. Drink it once per day with a meal.

500 g | A 500-DAY SYSTEM
801105 |



VITAMIN C – A FOUNDATION OF HEALTH



- helps to maintain the proper psychological functions as well as nervous and immune system operations
- contributes to maintaining the right energy metabolism and decreases the feeling of fatigue and weariness
- supports the production of collagen to ensure the right functioning of blood vessels, bones, cartilages, skin, gums and teeth
- supports the protection of cells against oxidative stress as well as increases iron absorption
- impacts regeneration of reduced form of vitamin E

VIT-D3 DROPS

FOOD SUPPLEMENT

- helps in the appropriate functioning of muscles and the immune system, as well as the absorption of calcium and phosphorus
- supports maintaining healthy teeth and bones, as well as the appropriate level of calcium in the blood
- vitamin D3 contained in the preparation is obtained from the highest-quality raw materials – algae grown in Europe
- suitable for vegetarians and vegans

Children over the age of one year – 2 drops a day, adults – 5 drops a day. Measure the dose using a dropper applying the drops on a teaspoon. Take before meal. Shake well before use.

10 ml | 801204 |



FOR KIDS AND ADULTS



It is estimated that about 80% of the body's vitamin D that boosts the immunity is produced by skin synthesis under the influence of sunlight¹. Its effectiveness depends on many factors, including latitude, cloudiness, air pollution level, age or complexion. Therefore, in order to provide an appropriate dose of the sun vitamin regardless of weather conditions or individual characteristics, the National Food and Nutrition Institute (Poland) recommends its supplementation for both children and adults throughout the year.

¹ Walicka M., Jasik A., Paczyńska M., Wąsowski M., Tałała M., Marcinowska-Suchowierska M., *Niedobór witaminy D – problem społeczny*, „Postępy Nauk Medycznych” 2019, volume XXXII, no. 1, pp. 14-22.

COLLABEAUTY Q10 EXPERT

FOOD SUPPLEMENT

- an ally in combating the signs of ageing
- a high content of collagen obtained from Atlantic cod
- with coenzyme Q10 called the elixir of youth
- enriched with vitamins and minerals valuable for the skin

Measure out 5 g of the product using the measuring cup and dissolve in 150 ml of water. Drink in the evening.

150 g | A 30-DAY SYSTEM
801103 |



A PRACTICAL MEASURING CUP IS INCLUDED

COMPREHENSIVE SKIN CARE FROM THE INSIDE

- **collagen** derived from Atlantic cod benefits your skin, improving its firmness and elasticity
- **vitamin C** supports proper collagen production
- **coenzyme Q10** – a component naturally produced by the body, the production of which decreases with age – slows down the appearance of wrinkles and sagging skin
- **vitamin A** and **zinc** help to maintain a healthy look and **copper** maintains its proper pigmentation

SLIM BODY SYSTEM

FOOD SUPPLEMENT

- excellent help during weight loss diet
- excellent support in weight control
- modern formula based on glucomannan and chromium

Add contents of the sachet to 200 ml of warm or lukewarm water, stir briskly. Consume immediately after preparation and drink a lot of water afterwards to ensure that the substance reaches the stomach.

360 g | A 30-DAY SYSTEM
90 SACHETS | 801104 |



INVALUABLE DUET WHILE LOOSING WEIGHT

- **glucomannan** creates a sense of fullness by absorbing water and expanding to form a bulky fibre in your stomach, which, when following a balanced diet, helps you lose extra pounds
- **chromium** contributes to keeping a normal blood glucose level and has a positive effect on the metabolism of macronutrients

COLOSTRUM EXTRA IMMUNITY

FOOD SUPPLEMENT

- includes first cow's milk (colostrum) and spirulina extracted from sea algae, which support the proper functioning of the immune system
- recommended primarily to people exposed to mental and physical stress, overworked, overtired wanting to get quick immunity support

Take 1 capsule in the morning and evening with water.

19.4 g, 22.2 g | A 30-DAY SYSTEM
2 × 30 CAPSULES | 801034 |



MAGNESIUM 24 H SYSTEM TRIPLEX POWER

FOOD SUPPLEMENT

- a unique 30-day system consisting of 3 different tablets taken during the day
- ideally adapted to the body's changing needs during the day
- with magnesium citrate and magnesium L-pidolate, which according to the latest research are characterised by excellent digestibility
- selected ingredients for perfect condition all day and all night

Take 1 tablet in the morning, afternoon and evening with water.

3 × 36 g | A 30-DAY SYSTEM
3 × 30 COATED TABLETS | 801009 |



THE ONLY SUPPLEMENT OF ITS TYPE ON THE MARKET

SOPHISTICATED COMPOSITION PERFECTLY SUPPORTING IMMUNITY

- **lactoferrin** provides infants with nutrients and antibacterial protection
- **proline-rich polypeptides (PRP)** support the development of the immune system
- **protein** includes essential amino acids that are an important building material for the immune system
- **immunoglobulins** alleviate the course of systemic diseases and support active immunity in terms of protection against infections
- **vitamin B6, C and D** and **zinc** contribute to the proper functioning of the immune system
- **spirulina** is characterised by a high content of complete proteins, micro-nutrients in organic form, including valuable γ-linolenic fatty acid (GLA) and bioavailable iron

1 MORNING TABLET

The perfect combination of ingredients to start your day

- the product contains **guarana**, which has nearly 3 times more caffeine than coffee, and **ginseng extract**. This exceptional combination stimulates the metabolism while invigorating and enlivening the body. In addition, it puts you in a good mood and strengthens your physical and intellectual fitness
- **vitamin B6** takes care of the proper functioning of the body, reinforces the effect of magnesium and stimulates immunity

2 AFTERNOON TABLET

The power of ingredients for your active day

- natural extract from **Bacopa monnieri**, which strengthens the body in the event of the loss of vitality and power – it helps you concentrate and makes you recover the incredible energy potential to act
- **pantothenic acid** helps restore the body's balance while eliminating stress and tiredness

3 EVENING TABLET

The set of ingredients for a good night

- **lemon balm** and **withania somnifera**, which alleviate nervous excitation, irritation and stress. They have a sedative effect, relax the body and mind thus enabling you to fall asleep faster. They also improve mood and have a positive effect on the body's regeneration during the night
- **vitamin B6** strengthens the effect of magnesium and has an influence on the body's balance

VITAMINS FOR HER

FOOD SUPPLEMENT

- a unique composition of vitamins and minerals designed specifically for women
- a unique combination of nutritive ingredients supports the proper functioning of the body during the day
- with folic acid which is extremely important for women, especially those planning to get pregnant

Take 2 tablets a day with water.

33 g, 21.9 g | A 30-DAY SYSTEM
2 × 30 COATED TABLETS
801011 |



VITAMINS FOR HER 50+

FOOD SUPPLEMENT

- perfectly supports women aged 50+
- thanks to the high content of red clover (*Trifolium pratense*) natural extract alleviates the oppressive symptoms of menopause such as hot flashes, drenching night sweats, irritation and fatigue
- this ideal blend of components restores the hormone balance, improves well-being and has a beneficial effect on health and appearance, thus allowing them to live life to the fullest

Take 3 tablets a day with water.

33 g, 66 g | A 30-DAY SYSTEM
30 + 60 COATED TABLETS
801012 |



PERFECT RESPONSE TO FEMALE NEEDS



- **thiamine, riboflavin, and vitamin B12** increase energy and vitality while regulating energy metabolism
- **vitamins A, C, and E** protect against oxidative stress, stimulate the immune system and cardiovascular function
- **folic acid** regulates the growth and functioning of body cells and plays an extremely important role in the proper foetal development; it is, therefore, a compulsory supplement for women planning to get pregnant
- **vitamins D and K** make our skeletal system stronger (including teeth) and boost our immunity
- **chrome** reduces the craving for sweets and helps burn fat; it also supports maintaining the proper body weight

PROFESSIONAL SUPPLEMENTATION FOR MATURE WOMEN



- **red clover** (*Trifolium pratense*) effectively alleviates menopause symptoms such as hot flashes and mood swings
- **iron** perfectly stimulates the proper production of red blood cells, haemoglobin and oxygen transport in the body and reduces fatigue and exhaustion
- **zinc** and **copper** help maintain beautiful and healthy hair, skin and nails while protecting the cells against oxidative stress
- **thiamine, niacin** and **biotin** are perfect support of the nervous system and help to maintain proper mental functions
- **manganese** contributes to proper energy metabolism and healthy bones

VITAMINS FOR HIM

FOOD SUPPLEMENT

- a perfect composition of vitamins and minerals boosting physical and intellectual fitness
- a natural extract of Puncture vine regulates testosterone level, increases libido, releases desire and has a beneficial effect on sexual performance
- provides the highest quality vitamins and minerals essential for the proper functioning of the body

Take 2 tablets a day with water.

2 × 33 g | A 30-DAY SYSTEM
2 × 30 COATED TABLETS
801010 |



BEST RESPONSE TO MEN'S NEEDS



- **Tribulus terrestris** (Puncture vine) boosts sexual desire and is a perfect supporter of sexual performance
- **zinc** helps to maintain proper acid-base balance and adequate testosterone level in a blood
- **thiamine** efficiently supports the functioning of the nervous system and the heart
- **pantothenic acid** quickly and effectively eliminates the sense of fatigue and exhaustion and helps to maintain intellectual performance at an adequate level
- **vitamin D** regulates the proper concentration of calcium in the blood, ensures healthy teeth and bones as well as boosts the immune system

INNER BALANCE

FOOD SUPPLEMENT

- maintains the acid-base balance
- source of crucial microelements
- ideal for all who lead a stressful and unhealthy lifestyle, experience fatigue and eat products that acidify the body, such as sugar, coffee, alcohol and heavily processed foods

Take 2 capsules a night. Dissolve the sachet content in 200 ml of water. Take 1 sachet 2 times a day.

240 g, 30 g | A 30-DAY SYSTEM
60 SACHETS + 60 CAPSULES
801301 |



SELECTED INGREDIENTS FOR MAINTAINING ACID-BASE BALANCE OF THE BODY



- **Rosa centifolia flower extract** supports physiological processes of metabolic waste product elimination and helps to maintain the acid-base balance
- **zinc** has a beneficial effect on the functioning of the immune system and protects cells against oxidative stress
- **calcium** is responsible for energy metabolism and helps in the proper functioning of the digestive enzymes
- **magnesium** and **iron** help to reduce tiredness and fatigue
- **potassium** and **copper** support the proper functioning of the nervous system
- **nettle extract** supports the elimination of water from the body
- **lemon balm extract** and **hops** facilitate falling asleep, and by providing the proper sleep, they contribute to further de-acidification of the body

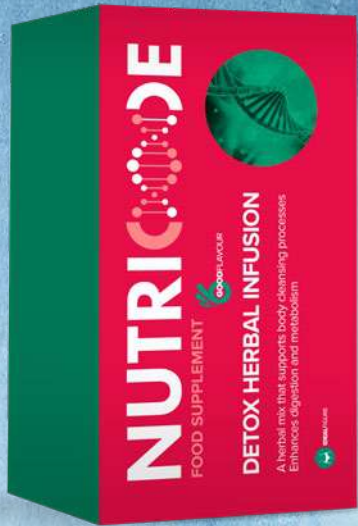
DETOX HERBAL INFUSION

FOOD SUPPLEMENT

- perfectly supports your body's natural cleansing processes of metabolic waste products
- creates an aromatic infusion that combines delicious taste with beneficial properties

Put 1 scoop (2 g) into a cup, pour hot water (approx. 150 ml), brew for 2 to 3 minutes. Drink 2 times a day – after breakfast and after lunch, no later than 6 p.m.

75 g | 801101 |



A PRACTICAL MEASURING CUP IS INCLUDED

SKINNY HERBAL INFUSION

FOOD SUPPLEMENT

- a unique herbal blend that combines great taste and properties that support maintaining the correct body mass
- due to natural ingredients, it positively affects the functioning of the whole body

Put 1 scoop (2 g) into a cup, pour hot water (approx. 150 ml), brew for 2 to 3 minutes. Drink 2 times a day – after breakfast and after lunch, no later than 6 p.m.

75 g | 801102 |



A PRACTICAL MEASURING CUP IS INCLUDED

PRECIOUS HERBS SUPPORTING BODY CLEANSING



- **hibiscus blossom** supports proper metabolic processes and facilitates the elimination of excess water from the body
- **green tea leaves** are excellent antioxidants, also support the activity of digestive enzymes, favourably affect metabolism
- **Centella asiatica** and **sea buckthorn berries** support the circulatory system, positively impacting the functioning of the body
- **cranberry fruits** cranberries support proper cleansing of the body of unnecessary metabolic products

HERBAL MIX FILLED WITH GIFTS OF NATURE



- **dandelion root** facilitates the functioning of the liver and positively affects the digestive processes
- **corn silk**, **spiny restharrow root** and **hibiscus flower** facilitate the elimination of excess water along with the waste products of metabolism supporting the process of getting a slim figure
- **rosehip** is a rich source of vitamin C

DRENA PLUS

FOOD SUPPLEMENT

- designed for all who struggle with the problem of water retention in the body
- contains carefully selected plant extracts of diuretic properties
- perfectly supports water balance and detoxification of the body

Measure out 15 ml of the product using the measuring cup and dissolve it in 1.5 litres of water. Drink in portions throughout the day but no later than 6 p.m.

480 ml | A 30-DAY SYSTEM
801201 |



A PRACTICAL MEASURING CUP IS INCLUDED

NATURAL SUPPORT OF PHYSIOLOGICAL DIURESIS

- **extract of the pericarp of white bean** supports the elimination of excess water from the body and the proper functioning of the urinary tract
- **birch leaf extract** helps to cleanse the body of waste products of metabolism.
- **horsetail herb extract** regulates and supports the body's water management
- **orthosiphon leaf** is one of the most popular herbs in folk medicine, regulates the elimination of excess water from the body
- **dandelion root extract** greatly supports the liver and gall bladder, it has a positive effect on digestive processes and the removal of unnecessary waste products of metabolism

ACTIVE BURN FAT KILLER

FOOD SUPPLEMENT

- perfectly combined to enable you to maintain the correct body mass, contributing to the acceleration of the fat burning process
- supports the synthesis of collagen and elastin responsible for firmness and elasticity of your skin
- easily digestible, liquid form proves to be highly effective, helps to fight the feeling of hunger throughout the day and encourages the positive habit of frequently drinking water

Measure out 15 ml of the product using the measuring cup and dissolve it in 1.5 litres of water. Drink in portions throughout the day.

480 ml | A 30-DAY SYSTEM
801202 |



A PRACTICAL MEASURING CUP IS INCLUDED

A UNIQUE SUPPLEMENT SUPPORTING AN EFFECTIVE WEIGHT LOSS PROCESS

- **L-Carnitine** is the substance that occurs naturally in our body and accelerates the fat metabolism
- **pineapple, papaya and guarana extract** improve digestive processes by ensuring the correct metabolism of fats and carbohydrates
- **common dandelion root** and **milk thistle seeds extract** – they facilitate the elimination of excess water along with the waste products of metabolism, which contributes to the maintenance of the correct body mass
- **Centella asiatica** and **grape extract** facilitate the synthesis of collagen and elastin responsible for the proper firmness, suppleness and elasticity of your skin
- **seville orange extract** – a source of potassium and soluble fibre – due to its low glycaemic index it ensures the correct physiological pace of metabolic conversions, especially fats, adding to the effects of all the ingredients described above

CELLUFIGHT

FOOD SUPPLEMENT

- an innovative response to the contemporary problem affecting not only women but also men – so-called orange-peel skin
- works on two levels, both interfering at the source of the problem and eliminating its negative effects
- carefully selected plant extracts to facilitate the detoxification of the body and maintain correct fat metabolism, contributing to the reduction of cellulite

Take half a tablet per day with water.

33.6 g | A 120-DAY SYSTEM
60 COATED TABLETS
801036 |



4-MONTH SYSTEM

THE POWER OF HERBAL INGREDIENTS FOR FIRM AND SMOOTH SKIN

- **turmeric extract** facilitates the detoxification of the body and maintenance of proper fat metabolism, which eliminates the symptoms of cellulite, and enhances the sense of replenishment
- **Centella asiatica extract** helps maintain firm and elastic skin and appropriate adipose tissue structure
- **coleus forskohlii extract** contains forskolin, which affects fat metabolism processes facilitates the maintenance of proper body mass and visibly reduces the orange skin problem
- **melilot** and **chestnut extract** maintain the optimum blood supply, which is one of the key methods in cellulite treatment

IDEAL SHAPE

FOOD SUPPLEMENT

- an ideal food supplement for people who want to keep a slender figure and take good care of their health
- thanks to the perfect combination of carefully selected ingredients, it has a positive impact on the body's condition and, in conjunction with a balanced diet, helps you lose excess kilograms or maintain the correct body mass

Take 1 capsule in the morning and 1 in the afternoon during meals. Take with water.

26.2 g | A 30-DAY SYSTEM
60 CAPSULES | 801024 |



A NATURAL ELIXIR FOR YOUTH AND A RICH SOURCE OF HEALTH

- each capsule is a healthy vitamin, amino acid and mineral bomb
- **young barley grass**, thanks to the high content of fibre, reduces the absorption of fat and facilitates the digestive processes, is an irreplaceable aid to the body in the process of slimming and maintaining proper body weight
- **green tea** contributes to the improvement of health in general but also helps you lose weight, the high concentrations of theine and polyphenolic catechins accelerate the resting metabolism, which, in turn, allows you to burn more calories
- **marine collagen** – highly refined and obtained in pharmaceutical standards – visually reduces the wrinkles, slows down the skin aging processes and improves hydration, making your skin soft and elastic
- **zinc** helps maintain the proper metabolism of carbohydrates along with the acid-alkaline balance and keeps your hair, skin and nails in good condition

BEAUTY DETOX

FOOD SUPPLEMENT

- beauty and health both put inside a single capsule
- an innovative combination of spirulina and collagen will allow you to take care of the perfect condition of the body as well as its appearance
- with acerola fruit extract rich in vitamin C

Take 2 capsules a day with water.

44.7 g | A 30-DAY SYSTEM
60 CAPSULES | **801014** |



HAIR SKIN NAILS

FOOD SUPPLEMENT

- for all who dream of a flawless complexion, thick and healthy hair as well as strong nails
- with Pro-Beauty formula
- perfect for both men and women

Take 1 tablet a day with water.

44.8 g | A 56-DAY SYSTEM
56 COATED TABLETS
801005 |



SPIRULINA GREEN SUPERFOOD

Unique algae, classed among the 10 best super products containing three times more protein than meat (ca. 70%) and more calcium than milk. It has one of the richest sources of chlorophyll, beta-carotene and nucleic acids from among all animal and plant foods. It purifies the liver and kidneys from toxins, deacidifies the body and reduced the level of bad cholesterol. Thanks to phenylalanine, it improves digestion and reduces appetite. It is pure 'green gold' for our body.

ACTIVE COLLAGEN OCEAN TREASURE

Natural sea collagen obtained from wild salmon – a component of exceptional purity and concentration – it guarantees the delaying of skin aging, it improves hydration and reduces fine lines. Additionally, it inhibits inflammatory conditions that could lead to injury, pain and loss of functionality of the joints. Beautiful, hydrated and young-looking skin plus joints in perfect condition – from now on this unusual combination is within reach.

COMPOSITION FOR SHINY HAIR, VELVETY SKIN AND HEALTHY NAILS

- **copper** affects the proper hair pigmentation
- **zinc** provides the building blocks for growing strong nails
- **iron** supports hair growth
- **pomegranate extract** has powerful antioxidant properties
- **biotin** helps to maintain healthy hair and skin
- **brewer's yeast** contains precious sulfur amino acids – methionine and cysteine
- **vitamins A, B2, B6, B12, C and E** favourably affect the condition of the hair, skin and nails

COLLAGEN PRO FLEX STRENGTH SYSTEM

FOOD SUPPLEMENT

- a breakthrough mix of active ingredients created for people who want to take care of their physical fitness
- facilitating the movement of your joints in many ways – it has a positive impact on the articular cartilage, the muscles and the tendons that take part in the process
- contains natural, highly refined marine collagen distinguished by excellent bioavailability

Take 2 capsules a day with water.

13.93 g, 15.22 g | A 30-DAY SYSTEM
2 X 30 CAPSULES | **801018** |



A REVOLUTIONARY FOOD SUPPLEMENT FOR HEALTHY JOINTS AND BONES

- **collagen** is the key building material for tendons and cartilage which form our joints. Highly refined marine collagen, obtained in pharmaceutical standards, was used to create the supplement
- **vitamin C** plays a supporting role in the correct production of collagen to ensure the proper functioning of the cartilage and bones
- **baikal skullcap** is a strong antioxidant effectively supporting the protection of joints, tendons and muscles
- **vitamin D** supports the correct functioning of muscles, which significantly affects the functioning of the joints
- **calcium** is essential for healthy bones
- **glucosamine sulphate** is an important precursor of many biomolecules, including chondroitin, which is one of the main components of the articular cartilage

VITALITY BOOST

FOOD SUPPLEMENT

- a composition of perfectly selected ingredients, which affect the flow of physical and mental energy throughout the day and aid sleep at night
- rich source of vitamins and minerals
- suitable for vegetarians and vegans

Take 2 tablets at night with water.
Consume the contents of 1 sachet per day.

300 g, 48 g | A 30-DAY SYSTEM
30 SACHETS + 60 COATED
TABLETS | **801302** |



INGREDIENTS NECESSARY TO GIVE GOOD RHYTHM TO YOUR LIFE



- **chromium** contributes to the maintenance of normal blood glucose levels
- **selenium** helps protect the cells from oxidative stress
- **iron** participates in the normal oxygen transport in the body
- **piperine from black pepper** supports digestion and absorption of nutrients
- **niacin, pantothenic acid** and **riboflavin**, additionally reinforced with guarana **caffeine** and green tea **theine**, contribute to the reduction of tiredness and fatigue
- **pantothenic acid** affects brain efficiency
- **B group vitamins** take care of the nervous system
- **thiamine** is responsible for the normal function of the heart
- **vitamin E** contributes to the protection of cells from oxidative stress

IMMUNO

FOOD SUPPLEMENT

- 100% natural vitamin C
- formula with added zinc which supports the proper functioning of the immune system
- ideal for all who suffer from colds frequently and who work physically and workout
- acerola and cherry flavour
- suitable for vegetarians and vegans

Take 2 lozenges a day. Allow to dissolve slowly.

72 g | A 30-DAY SYSTEM | 60 LOZENGES
801004 |



SUPER CHERRY FROM BARBADOS

Vitamin C derived solely from natural extracts and acerola fruits. Acerola, called the Barbados cherry, is a super fruit, which has 30 times more vitamin C than a lemon. Wild rose, in turn, is also rich in bioflavonoids, which are natural antioxidants. Regular intake of vitamin C helps to take care of the immune system, has a favourable effect on teeth, skin, bones and the nervous system, as well as protects the cells from oxidative stress. The product is suitable for vegetarians and vegans.

VITALITY BOOST & MAGNESIUM POWER

FOOD SUPPLEMENT

- the liquid form enables the best absorption and almost immediate action
- designed to ensure that the ingredients supplement and reinforce their properties
- delicious, refreshing taste

Drink one dose of Vitality Boost immediately after opening, and drink one Magnesium Power around two hours later, to replenish the magnesium level.

6 × 25 ml | 3 × VITALITY BOOST + 3 × MAGNESIUM POWER
801203 |



COMPREHENSIVE DOSE OF ENERGY IN TWO STEPS

1 NUTRICODE VITALITY BOOST – a nutritive injection

- **guarana extract** contains a substantial amount of caffeine, which has a beneficial effect in the case of physical and mental exhaustion, boosts energy, eliminates drowsiness and tiredness, improves concentration and memory
- **niacin, pantothenic acid, and riboflavin** are responsible for the proper functioning of the nervous system – they manage human energy management, alleviating nervous stress, have a positive effect on mood and mental performance
- **green tea extract** is a natural antioxidant supporting the body's fight against free radicals

2 NUTRICODE MAGNESIUM POWER – ideal balance

- **magnesium** is responsible for maintaining the electrolyte balance of the body, supports it during the physical and mental effort, is responsible for the proper functioning of the nervous and cardiovascular systems as well as monitors proper muscular work
- **vitamin B6** is an ally of magnesium – it boosts its absorption and also supports psychological functions and is responsible for proper energy metabolism in our body

SLIM EXTREME

FOOD SUPPLEMENT

- weight loss enhancement, appetite suppression
- with glucomannan – highly effective body mass reduction ally
- helps maintain beautiful skin while using weight loss diets
- the unique "All day weight control" system
- suitable for vegans and vegetarians

Take 2 tablets 3 times a day, with plenty of water (1 or 2 glasses).
Dissolve 1 effervescent tablet a day in 200 ml glass of water, before a meal.

2 × 103.5 g, 2 × 67.5 g | A 30-DAY SYSTEM
180 COATED TABLETS
+ 30 EFFERVESCENT TABLETS
801303 |



A PERFECT BODY WITHOUT PERMANENT FEELING OF HUNGER

- **glucomannan** which, when combined with a balanced diet, affects weight loss
- **chromium** helps maintain normal blood glucose levels by reducing cravings for sweets and the desire to snack between meals
- **Garcinia cambogia** is a source of hydroxycitric acid (HCA), which slows down the formation of body fat
- **calcium** has a positive effect on the proper functioning of digestive enzymes
- **vitamin C** supports the formation of collagen
- **biotin** and **vitamin B2** help to maintain a healthy complexion



VIT-COMPLETE GUMMIES

FOOD SUPPLEMENT

- power of the nutrients for the whole family
- support for the proper functioning of the body
- excellent source of vitamins for vegetarians

Children over four years of age: Take 1 gummy per day. Adults: Take 2 gummies per day.

60 g | 801401 |
30 PINEAPPLE, STRAWBERRY AND ORANGE-FLAVOURED GUMMIES FOR CHILDREN AND ADULTS



FOR WHOM?

For children and adults who want to supplement their daily diet, among others with a complex of B vitamins, necessary for the proper functioning of the body.

PROPOLIS PRO GUMMIES

FOOD SUPPLEMENT

- supports the immunity of children and adults and helps to alleviate the symptoms of colds and flu
- delicious formula with propolis, vitamin C and a special combination of herbal extracts of elderberry and echinacea purple
- suitable for vegetarians

Children over twelve years of age: Take 1 gummy per day. Adults: Take 2 gummies per day.

60 g | 801402 |
30 RASPBERRY-FLAVOURED GUMMIES FOR CHILDREN AND



FOR WHOM?

For children and adults who want to strengthen their immune system, especially in the autumn-winter season when the risk of infection increases significantly.

VITAMIN BOMB IN THE FORM OF DELICIOUS GUMMIES



- **vitamin C** supports the immune system
- **vitamin B3** helps maintain healthy skin
- **vitamin B5** has a positive impact on intellectual performance
- **vitamin B6** contributes to the regulation of hormonal activity
- **vitamin B12** supports the production of the red blood cells
- **folic acid** is extremely important for pregnant women

All vitamins contribute to the reduction of tiredness and fatigue, raising the quality of everyday life of children, adolescents and adults.

Food supplement does not contain:

- milk, sugar, pork gelatin (developed on the basis of pectin), preservatives

A NATURAL PROTECTIVE WALL

- **propolis** is rich in vitamins (B1, B2, B5, B6, C, D, E), elements (including magnesium, zinc, potassium, calcium, manganese, iron), flavonoids, terpenes and aromatic esters; it has antiviral, antifungal and bactericidal action, which helps strengthen immunity and supports the regeneration of the body
- **elderberry** is an excellent antioxidant, containing, among others flavonoids, phenolic acids, sterols, tannins and mineral salts, supports the body's cleansing processes
- **Echinacea purpurea** supports the proper functioning of the immune system and upper respiratory tract helps alleviate the symptoms of colds and flu
- **vitamin C** helps in the proper functioning of the immune system and protects cells from oxidative stress, contributes to the reduction of tiredness and fatigue

Food supplement does not contain:

- milk, pork gelatin (developed on the basis of pectin), preservatives

VIT-D3 GUMMIES

FOOD SUPPLEMENT

- perfectly supplements the deficiencies of the so-called vitamin of the sun, which is crucial for the proper functioning of the body
- suitable for vegetarians

Children over four years of age: Take 1 gummy per day. Adults: Take 2 gummies per day.

75 g | **801403** |
30 STRAWBERRY-FLAVOURED
GUMMIES FOR CHILDREN AND
ADULTS



FOR WHOM?

For children and adults who want to supplement the deficiency of vitamin D3, strengthen their immunity and take care of the bone and muscle system.

PRECIOUS VITAMIN OF THE SUN

Vitamin D3 not only helps in maintaining healthy bones and teeth but also supports the proper functioning of the muscles and the immune system. Its prolonged deficiency can disrupt the physiological balance of the body and lead to many serious, chronic medical conditions. The most important way of delivering vitamin D3 is skin synthesis under the influence of sunlight, therefore, in autumn and winter, and even throughout the year, in locations with low sun exposure, its supplementation is crucial.

Food supplement does not contain:

- milk, pork gelatin (developed on the basis of pectin), preservatives



O! MEGA-3 GUMMIES

FOOD SUPPLEMENT

- support proper functioning of the body
- contain Omega-3 fatty acids from linseed oil
- suitable for vegetarians

Children over four years of age: Take 1 gummy per day. Adults: Take 2 gummies per day.

120 g | **801404** |
30 ORANGE-FLAVOURED
GUMMIES FOR CHILDREN AND
ADULTS



FOR WHOM?

For all who want to supplement their diet with the essential unsaturated Omega-3 fatty acids, strengthen immunity and facilitate the functioning of the nervous and circulatory systems.

OMEGA-3 FATTY ACIDS ARE ESSENTIAL FOR THE PROPER FUNCTIONING OF YOUR BODY, AS THEY

- support your nervous system and help maintain mental acuity
- contribute to maintaining good eyesight
- help take care of your circulatory system, including your heart
- regulate the cholesterol level in the blood
- play a positive role in enhancing your immune system

Alpha-linolenic acid (ALA) is one of the essential unsaturated fatty acids (EFA) from the Omega-3 group. It is transformed into our body into EPA and DHA fatty acids, which are also extremely precious to our health.

Food supplement does not contain:

- pork gelatin (developed on the basis of pectin), peanuts, soy, milk, artificial colourants, aromas, preservatives, added sugar



PROBIOTIC GUMMIES

FOOD SUPPLEMENT

- comprehensive restoration of the natural intestinal microflora in the body
- multiple positive effects on the body, especially on the digestive system
- suitable for vegetarians

Children over four years of age: Take 1 gummy per day. Adults: Take 1-2 gummies per day.

60 g | **801405** |
30 STRAWBERRY AND ORANGE-
FLAVOURED GUMMIES FOR
CHILDREN AND ADULTS



FOR WHOM?

For children and adults who suffer from problems relating to the digestive system caused by, among others, stress, change of environment and diet or antibiotic treatment.

HEALTHY BONES GUMMIES

FOOD SUPPLEMENT

- an excellent source of vitamin D
- for healthy teeth and strong bones
- with added calcium

Take 1 gummy per day.

66 g | **801406** |
30 LEMON-FLAVOURED
GUMMIES FOR ADULTS



FOR WHOM?

For all who wish to strengthen their teeth and bones, as well as those wishing to supplement shortages of vitamin D in their body.

PERFECT SUPPORT FOR YOUR BODY WHILE TRAVELING



A change of environment and diet has a negative impact on intestinal bacterial flora. An upset balance in that area, called the dysbiosis, results in digestive problems, discomfort in the digestive tract and intolerance of the consumed food products. The application of Probiotic Gummies while travelling will reduce the risk of the occurrence of those symptoms and, additionally, will facilitate the digestion of local food, letting you enjoy your travels to the fullest.

Each gummy contains as many as 2.5 billion units of an identified strain of probiotic bacteria *Bacillus coagulans*. Thanks to its exceptional strength, it is resistant to stomach acid and is not digested, alleviating digestive system-related problems such as constipation or diarrhoea.

Food supplement does not contain:

- peanuts, soy, milk, pork gelatin (developed on the basis of pectin), artificial colourants, aromas, preservatives, added sugar

WHAT DO WE OWE TO VITAMIN D

- the correct level of calcium in our blood
- strong bones and healthy teeth
- the effective functioning of our muscles
- correct functioning of the immune system
- more efficient cell division process
- appropriate absorption of calcium and phosphorus

Food supplement does not contain:

- peanuts, soy, milk, pork gelatin (developed on the basis of pectin), artificial colourants, aromas, preservatives

EYE PROTECT GUMMIES

FOOD SUPPLEMENT

- a perfect composition of active ingredients for good eyesight
- with lutein and zeaxanthin
- suitable for vegetarians

Take 1 gummy per day.

90 g | 801411 |
30 ORANGE-FLAVOURED
GUMMIES FOR ADULTS



FOR WHOM?

For all who want to take special care of their eyesight. Perfect for those who spend a lot of time in front of a computer screen, stay in artificial light and frequently experience discomfort connected with eye fatigue.

SUPPORT FOR GOOD EYESIGHT

- **lutein** and **zeaxanthin** are the main pigments in the macula, which, among others, improve visual acuity and protect the retina against damage caused by blue light
- **zinc** helps maintain good eyesight and the correct metabolism of vitamin A
- **vitamins E** and **C**, ensure additional protection of cells against oxidative stress, which help maintain your eyesight in good condition

Food supplement does not contain:

- pork gelatin (developed on the basis of pectin), peanuts, soy, milk, artificial colourants, aromas, preservative, added sugar

STRONG MUSCLE GUMMIES

FOOD SUPPLEMENT

- on the basis of BCAA amino acids
- excellent support for athletes and active people
- supports fitness training and also the recovery after exercise
- suitable for vegetarians

Take 2 gummies per day.

114 g | 801408 |
30 ORANGE-FLAVOURED
GUMMIES FOR ADULTS



FOR WHOM?

For athletes and active people who want to take control of the effectiveness of training sessions and get the required results from them.

WINNING SUPPLEMENTATION FOR ATHLETIC BODY

When the effects of a workout are not satisfactory, BCAA comes to rescue – a complex of three amino acids (L-leucine, L-isoleucine and L-valine in an optimal ratio of 2:1:1) helps to build and restore muscle tissue. As none of these substances are produced by the body, it is necessary to provide them in the form of a food supplement to help the process of acquiring an athletic figure.

Food supplement does not contain:

- milk, sugar, pork gelatin (developed on the basis of pectin), preservatives

PERFECT SLIM GUMMIES

FOOD SUPPLEMENT

- with natural extracts for a perfect figure
- contains top-quality raspberry ketones
- suitable for vegetarians

Take 2 gummies per day.

112 g | 801410 |
28 APPLE-FLAVOURED GUMMIES
FOR ADULTS



FOR WHOM?

For all who want to look slimmer and feel healthier naturally and enjoyably.

A NATURAL RECIPE FOR BEAUTY

- chlorogenic acid contained in **green coffee** extract reduces the accumulated reserves of carbohydrates and fat in the body and facilitates the intensified burning of adipose tissue. That effect is additionally reinforced by caffeine, which stimulates the metabolism
- **Garcinia cambogia** slows down the production of fat in the body
- **raspberry ketone extract** helps to limit the build-up of adipose tissue and burn the one that has already accumulated. Also, it contributes to the acceleration of the metabolism and regulation of glucose in the blood

Food supplement does not contain:

- pork gelatin (developed on the basis of pectin), peanuts, soy, milk, artificial colourants, aromas, preservatives, added sugar

FIT LINE GUMMIES

FOOD SUPPLEMENT

- based on conjugated linoleic acid (CLA)
- helps achieve a slim figure
- suitable for vegetarians

Take 1 gummy per day.

117 g | 801409 |
30 CHERRY-FLAVOURED
GUMMIES FOR ADULTS



FOR WHOM?

For active people, ones on diets, wanting to improve their vitality.

ON THE WAY TO ACHIEVING THE PERFECT FIGURE

Conjugated linoleic acid (CLA) is commonly used by people who do sports and are on a weight-reducing diet, as it promotes fat burning and exhibits multiple pro-health effects. Combined with regular workouts and healthy eating habits, it will become your ally on the way to the perfect figure.

Food supplement does not contain:

- milk, sugar, pork gelatin (developed on the basis of pectin), preservatives

An innovative **DIET PROGRAMME**
natural weight loss without the yo-yo effect

REVOLUTION IN THE WORLD OF WEIGHT LOSS

The FIT6 programme is an innovative method of weight reduction, which has been created by the specialists in clinical dietetics. The aim of the Programme is not only to lose excess pounds but also to enhance the comfort of life, improve your health and your physical and mental state.

GUARANTEE OF THE SUCCESS

Check the spectacular metamorphoses at the following website: fit6-pl.fmworld.com

THE MOBILE
COMPANION
OF WEIGHT LOSS



FIT6App

6 STEPS to an ideal figure

The program consists of **three stages** divided into **six steps** of weight loss and one additional step transitioning into the stabilization phase. Each step lasts a month. The more kilograms you have to lose, the more steps you need to go through. You can give up the diet phase and start **maintenance** at any time.



INDISPENSABLE NUTRIENTS

Losing weight is a difficult process for your body even if you do not feel it physically. That is why one of the goals of the FIT6 Programme is to supply the body with top-quality nutrients in the form of NUTRICODE innovative food supplements. Each step of the weight loss process has an ascribed set of products ideally tailored to solve the body's problems occurring at that stage.

SHARE, MOTIVATE

We know that support and motivation are essential. It is the lack of those factors, that often makes us stop the weight loss process. Resigned and feeling helpless, we return to our old, unhealthy habits. With that in mind, the community was created along with the Programme – a space where all participants can share their problems, reflections and results

PROFESSIONAL SUPPORT

Throughout the programme, you can contact our clinical dietitian who will help you dispel any doubts and mobilize you to action. You don't have to make appointments and go to meetings – you can contact them online whenever you need it.

A TREASURY OF RECIPES

In addition, we have a website full of nutritional inspirations for you, as well as Instagram and Facebook accounts, which are filled to the brim with interesting facts about diets. By joining the FIT6 community, you will see that losing weight has never been more enjoyable, easier and... tastier.

GOALS OF THE INDIVIDUAL STAGES

1

PREVENTING INFLAMMATION

- minimising the body's inflammation
- waist circumference reduction
- weight loss
- improved well-being
- feeling light and satisfied
- improved overall health

2

WEIGHT LOSS

- the continuing detoxification and cleansing of the body
- weight loss
- preventing the loss of body firmness
- reducing the visibility of cellulite
- preservation of muscle mass
- improved well-being and vitality
- supplying the body with the necessary nutrients

3

4

5

6

!

TONING

- stimulation of muscles to facilitate their growth

MAINTENANCE

- stabilisation of the weight without the yo-yo effect
- preservation of healthy eating habits
- gradual preparation of the body to receive food of all kinds
- making the body more "tolerant" to be able to apply less restrictive dietary principles
- avoiding the formation of oedema and fluid retention to normalise its metabolism